

Lunch Menu-The Sands

Monday	Tuesday	Wednesday	Thursday
<p><u>Chicken Salad Sandwich</u></p> <p>Roasted Chicken Salad, Lemon-herb Mayo, Butter Lettuce on Wheat Bread</p>	<p><u>Bull on the Beach Sandwich</u></p> <p>Thinly Sliced Roast Beef, Havarti Cheese, Dijon Mayo on a Brioche Bun</p>	<p><u>Egg Salad Sandwich</u></p> <p>Farm Fresh Eggs, lemon-Dill Mayo, Butter Lettuce on a Fresh Croissant</p>	<p><u>Chicken Salad Sandwich</u></p> <p>Roasted Chicken Salad, Lemon-Herb Mayo, Butter Lettuce on Wheat Bread</p>
<p><u>Charleston Sandwich</u></p> <p>Cured Ham, Local Cheddar, Sprouts, Honey-dijon Mustard on Fresh Croissant</p>	<p><u>Caprese Sandwich</u></p> <p>Fresh Tomato, Marinated Mozzarella, Basil Pesto, Pickled Red Onions on Ciabatta Bread</p>	<p><u>Charlston Sandwich</u></p> <p>Cured Ham, Local Cheddar, Sprouts Honey-Dijon Mustard on a Fresh Croissant</p>	<p><u>Bull on the Beach Sandwich</u></p> <p>Thinly Slice Roast Beef, Havarti Cheese, Dijon Mayo on a Brioche Bun</p>
<p><u>Chef Salad</u></p> <p>Cured Ham, Roast Chicken, Gruyere Cheese, Cucumber, Tomato, Sprouts with Red Wine Vinaigrette</p>	<p><u>Chicken Caesar salad</u></p> <p>Roast Chicken Breast, Fresh Romaine, Parmesan Reggiano with Classic Dressing</p>	<p><u>Spinach Salad</u></p> <p>Baby Spinach, Hard Boiled Egg, Button Mushrooms, Parmesan Reggiano with Balsamic Vinaigrette</p>	<p><u>Caprese Salad</u></p> <p>Fresh Tomato, Marinated Mozzarella, Basil Pesto, Pickled Red Onions, Butter Lettuce</p>
<p><u>Vegan & Gluten Free</u></p> <p><u>Amended Chef Salad</u></p>	<p><u>Vegan & Gluten Free</u></p> <p><u>Amended Caesar salad</u></p>	<p><u>Vegan & Gluten Free</u></p> <p><u>Amended Spinach Salad</u></p>	<p><u>Vegan & Gluten Free</u></p> <p><u>Amended Caprese Salad</u></p>
<p><u>Cookie Assortment</u> <u>Gluten Free available</u></p>	<p><u>Cookie Assortment</u> <u>Gluten Free Available</u></p>	<p><u>Cookie Assortment</u> <u>Gluten Free available</u></p>	<p><u>Cookie Assortment</u> <u>Gluten Free Available</u></p>