

Finger Lakes Regional

2026 Complimentary Lunch Menu

(all lunches include GF and Vegan option)

Monday, June 8

- Build Your Own Salad Station w/Grilled Chicken
- Tomato Bisque Soup
- Rolls & Butter

Tuesday, June 9

- Choice of Wraps - Chicken Salad, Chicken Caesar, Grilled Vegetable
- Potato Chips & Pickle

Wednesday, June 10

- Tacos / Taco Salad (ground beef, chicken, corn & flour tortillas, cheese, lettuce, fresh salsa, black beans, sour cream, tortilla chips, queso)

Thursday, June 11

- Build Your Own Sandwich Station - Turkey, Roast Beef, Egg Salad (lettuce, tomato, onions, pickles, cheddar, Swiss, mayo, mustard)

Friday, June 12

- Pasta & Grilled Chicken (assorted pastas, Vodka sauce, Marinara sauce)
- Mixed Greens Salad
- Bread & Rolls

Additional Details:

- Coffee, hot tea & iced water (powdered drink mix selection available)
- Dessert provided each day