

Finger Lakes Regional

2026 Complimentary Lunch Menu

(all lunches include GF and Vegan option)

Monday, June 8

- **Build Your Own Salad Station w/Grilled Chicken**
- **Tomato Bisque Soup**
- **Rolls & Butter**

Tuesday, June 9

- **Choice of Wraps – Chicken Salad, Chicken Caesar, Grilled Vegetable**
- **Potato Chips & Pickle**

Wednesday, June 10

- **Tacos / Taco Salad (ground beef, chicken, corn & flour tortillas, cheese, lettuce, fresh salsa, black beans, sour cream, tortilla chips, queso)**

Thursday, June 11

- **Build Your Own Sandwich Station – Turkey, Roast Beef, Egg Salad, Grilled Vegetables (lettuce, tomato, onions, pickles, cheddar, Swiss, mayo, mustard)**
- **Potato Chips & Pickle**

Friday, June 12

- **Pasta & Grilled Chicken (assorted pastas, Vodka sauce, Marinara sauce)**
- **Mixed Greens Salad**
- **Bread & Rolls**

Additional Details:

- **Coffee, hot tea & iced water (powdered drink mix selection available)**
- **Dessert provided each day**