

Daily Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>CHICKEN SALAD CROISSANT</u> Homemade Chicken Salad with Celery, Onion, Lettuce & Tomato on Buttery Croissant</p>	<p><u>PIT BEEF</u> Thinly Sliced Top Round, Sliced Onions, Cooper Sharp Cheddar on Potato Roll</p>	<p><u>CLASSIC ITALIAN</u> Salami, Ham, Provolone, Pepperoni, Giardiniera, Lettuce, Tomato & Italian Seasonings on Hoagie Role</p>	<p><u>CHICKEN SALAD CROISSANT</u> Homemade Chicken Salad with Celery, Onion, Lettuce & Tomato on Buttery Croissant</p>	<p><u>TURKEY AND PROVOLONE ON WHEAT.</u> Roasted Turkey Breast, sliced Provolone, Lettuce & Tomato</p>
<p><u>TURKEY AND PROVOLONE ON WHEAT</u> Roasted Turkey Breast, sliced Provolone, Lettuce & Tomato</p>	<p><u>TUNA SALAD WRAP</u> Tuna Salad with Celery and Onion in a Flour Wrap</p>	<p><u>THE CHARLESTON</u> Sliced Ham, Cheddar, Romaine and Dijon Mustard on Wheat</p>	<p><u>PIT BEEF</u> Thinly Sliced Top Round, Sliced Onions, Cooper short Cheddar on Potato Roll</p>	<p><u>TUNA SALAD WRAP</u> Tuna Salad with Celery and Onion in a Flour Wrap</p>
<p><u>CHEFS SALAD</u> Chopped Romaine, Ham, Turkey, Cheese, Chopped Egg, Cucumber, Tomatoes</p>	<p><u>COASTAL COBB SALAD</u> Chopped Romaines, Applewood Smoked Bacon, Tomato, Avocado, Bleu Cheese, sliced Chicken Breast</p>	<p><u>CHICKEN CAESAR SALAD</u> Chopped Romaine, Shaved Parmesan, Herb Croutons, Sliced Chicken Breast with Caesar Dressing</p>	<p><u>CHEF SALAD</u> Chopped Romaine topped with Diced Ham & Turkey, Tomatoes, Cucumber, Cheddar & Chopped Egg</p>	<p><u>COASTAL SALAD</u> Chopped Romaine, Applewood Smoked Bacon, Tomato, Avocado, Bleu Cheese Crumbles, Sliced Chicken Breast</p>
<p><u>GF/V THAI CHILI SALAD</u> Spring Mix, Thai Chili Fried Chickpeas, Carrot, Cucs, Tomato, Red Onion & Sweet Chili Vinaigrette</p>	<p><u>GF/V CRUNCH BROCCOLI SALAD</u> Roasted Broccoli, Cranberries, Sliced Almonds, Carrots and Apple-Tahini Dressing</p>	<p><u>GF/V MEDITERRANEAN WRAP</u> Romaine, Cucumber, Tomato, Red Onion, Olives, Hummus and Lemon Dressing in Gluten Free Wrap</p>	<p><u>GF/V THAI CHILI SALAD</u> Spring Mix, Thai Chili Fried Chickpeas, Carrot, Cucs, Tomato, Red Onion and Sweet Chili Vinaigrette</p>	<p><u>GF/V CRUNCH BROCCOLI SALAD</u> Roasted Broccoli, Cranberries, Sliced Almonds, Carrots and Apple-Tahini Dressing</p>
	<p>**ASSORTED GLUTEN FREE AND REGULAR COOKIES AVAILABLE AT LUNCH DAILY</p>	<p>**ALL GF/V ENTREES COME WITH HUMMUS & A BAG OF CHIPS</p>	<p>**ALL SANDWICHES AND SALADS COME WITH A BAG OF CHIPS</p>	